## Year 5 PSHCE Overview

## Autumn 1- Working Together

The year 5s look at what democracy is and how to work cooperatively as a group. They also look at how to use range of communication skills and what a good role model might look like.

## Autumn 2- Getting Along 2

The children look at different types of friendships and at conflict resolution strategies. They learn strategies for controlling their anger and about what first aid is and how to get help.

## Spring, and Summer- The Hearstone Odyssey Project

Throughout the Spring and Summer terms the children take part in the Heartstone Odyssey Project. This work is a child led unit that is based on the Heart stone Odyssey book. It encourages the children to discuss and complete work on hate crime in particular racism.